

PARADISE FOODS

Open 8am - 9pm Daily
Espresso & Pastries at 7am

A CLASSIC MARKET

June 2009

Pancake Breakfast Serves 1000!

Exciting news! The Pancake Breakfast drew record numbers this year with our biggest checks yet presented to the Reed and Corte Madera/Larkspur Schools Foundations--\$2,932 to Corte Madera/Larkspur and \$1,640 to Reed--an increase of 76% over last year!

All proceeds from each year's breakfast are donated to the schools. In addition to pancakes with real maple syrup, we served bacon, sausage, eggs, and fresh fruit salad with fresh squeezed orange juice, milk, coffee and tea.

Enthusiastic volunteers lead by Alicia Kepler for CMLSF and Sarah Meindl for Reed helped to make it a success.

A petting zoo, jumper slide, snow cones, Twin Cities Police cars, Jelly Belly car and a bright orange Harley added excitement for children of all ages.



David Gilmour



Grocery

"Any man can be a father, but it takes someone special to be a Dad."

Anne Geddes

The month of June honors dads and grads, and coming up with the right gift can be challenging. You may have heard that one of President Obama's favorite things is **Fran's Smoked Sea Salt Caramels!** These soft buttery caramels are dipped in rich milk chocolate; then sprinkled with sea salt smoked over Welsh oak. **Fran's Gray Salt Caramels** are drenched in 56% dark chocolate and sprinkled with sea salt harvested off the Brittany Coast. Both won the Fancy Food Show award for *Outstanding Confection*. (\$28.99, 15-piece gift box)

We also have an assortment of Fran's Assorted Caramels & Nuts featuring almond trios—slow-roasted California almonds dipped in dark or milk chocolate. (\$27.99, 15-piece gift box)

Other confections we offer in Fran's gourmet line are Fran's Gold Bars, Gold Bites, Thins, and dessert sauces.



Bakery

Father's Day (June 21st) is the day to celebrate fathers, stepfathers, grandfathers, uncles, or brothers.

Our Father's Day specials include rich **Chocolate Truffle Tortes**, creamy **Custard Filled Éclairs** and **Tiramisu** flavored with rum and espresso. Elegant!

Or maybe he'd like a **House-Baked Apple Pie** with *Lappert's Cinnamon Caramel Ice Cream*. Yum!

Single Layer Cakes and 'family style' trays of **Brownies** make easy, delicious desserts for any occasion.

And don't forget to pick up some **Garlic Bread** for the grill and **Cornbread** to serve with those ribs and steaks.



Specialty Cheese

It's June, and already picnics abound!

When you chill that bottle of white wine for your summer afternoon or evening, pick up some **Fleur Verte**—the ideal accompaniment with its cool tangy flavors and overtones of thyme, tarragon and pink peppercorns. (\$25.99 lb)

For that perfect picnic, I suggest **Mezzo Secco**, a local treasure from Vella in Sonoma (and a younger version of their famous Dry Jack) rubbed in cracked pepper. (\$15.59 lb)

To add a cool zing to practically any dish, I highly recommend **Tomini**, delectable cow's milk rounds marinated in olive and sunflower oils with Italian herbs—slightly tart with herbaceous overtones. (\$22.99 lb)



Catherine Stone

Health and Body Care

Strong immune systems are important for children as well as adults. Exposure to viruses, combined with an increase in activity and stress levels, can make us vulnerable to whatever is "going around." Supplements, along with good food, plenty of rest and exercise, help provide extra protection and nutrient support.

Popular with kids are **Yummi Bears**. This line of vitamins in gummy bear form proves that good nutrition can be fun and delicious! Yummi Bears has become the most recognizable brand of children's supplements because of the high quality, all-natural vitamins and minerals they provide kids every day.

Multi-Vitamin & Mineral offers a formula that contains appropriate levels of nutrients for your child's health growth and development. (\$13.99/\$27.99)

Child Bright is an exclusive AM/PM formula that supports improved concentration and attention span. (\$27.99)

Echinacea Plus Vitamin C & Zinc is an essential formula to increase immunity, or lessen the severity and duration of an already existing bug. (\$12.99)

Also available are **Vitamin C, Vitamin D, EFA, and Fiber** formulas.

Floral

Celebrate summer with **Sunflowers**, garden Roses, and local **Hydrangeas**—the perfect way to invite this sunny season into your home or grace your outdoor dining tables.

Planning a summer party? We can help you create the perfect centerpiece. A 'green' and good value option is to bring us your vase or container. We'll create a stunning arrangement that recycles and saves you money.

For graduation celebrations, we have *Paradise Value Commemorative Bouquets* in local school colors (\$8.99), and with advance notice, we can create a **Lei** for your special graduate to wear with her cap and gown.

Don't forget our teachers! We offer teacher appreciation **individually wrapped flowers** for every favorite teacher.

Wine

The Sebastiani Family is one of the pioneers of winemaking in Sonoma County, establishing their winery in 1904. **Mia's Playground** is named after Mia Sebastiani, daughter and fourth generation family member. Mia's Playground wines are small-lot, artisanal wines produced from vineyards overlooking the Sonoma Coast. Well-draining soils of alluvial gravel, sand and clay, and an extended, cooler growing season make the Russian River Valley internationally renowned and an ideal location to grow their Chardonnay and Pinot Noir grapes.



2006 Russian River Valley Chardonnay

A light straw color, this wine exudes aromas of jasmine, vanilla and gala apple, with light notes of rich caramel. This vintage has a rich mouthfeel, full of flavors of lemon meringue, pineapple, and white chocolate, with hints of integrated French oak on the finish. (\$16.99, 750 ml)

2006 Russian River Valley Pinot Noir

A luscious, light garnet color, this wine is abundant in aromas of rose petals, cherry cola, raspberry, and cedar. In the mouth enjoy flavors of dried cranberries, Earl Grey tea, and red currants, with integrated French oak notes followed by a bouquet of dried herbs on the finish. (\$23.99, 750 ml)

Blue Moon White Beer

This Belgian style wheat ale is brewed with coriander and a blend of Valencia and navel orange peel. It is extraordinarily refreshing on a warm summer day, and best when garnished with a slice of orange to bring out the natural spices and subtle fruit flavor. (\$9.99, 6-pack)



Catering

We can prepare your food for that special graduation party, gathering or celebration. We offer an extensive menu of freshly made delicacies and party trays. We're also happy to design a menu specific to your needs. More information can be found on our Web site at www.foodsofparadise.com. Or give us a call at 945-8855 and ask for Catering.

Important News for Coffee Lovers!

Peet's Coffee & Tea is now available on Aisle 3, and we are proudly brewing their coffees and teas in our Espresso Bar!

Delicatessen

Sail into summer with Paradise lunches! Always popular is our **Three Salad Lunch Box**—your choice of any three of our house-made salads served with pita bread for a light and refreshing meal. Another great warm weather choice is a delicious wrap. **Asian Chicken Wrap** is the house favorite with grilled chicken breast and fresh Napa cabbage—a sure winner. The **Greek Chicken Wrap** comes with fresh grilled chicken breast, red pepper aioli, feta cheese, and Kalamata olives—a true mix of Mediterranean delights. Our **Chicken Caesar Wrap** keeps it simple—crisp romaine lettuce, grilled chicken, and our house-made Caesar dressing. You'll come back for more!

For summer outings, we offer a **Sandwich Lunch Box**—perfect for large groups. Choose either the whole or half sandwich size box. Each comes with sandwich, side salad, a piece of fruit, and a cookie.

Kitchen

With summer fast approaching, you may want to consider our Prepared Foods. Our chefs are always coming up with new and creative items. We've just added **Basil Poached Prawns** to the prepared entrees case.



Daniel Holt

Delicately poached in California Chardonnay and fresh basil, these are perfect for that backyard get together with friends. Serve chilled with your favorite cocktail sauce and a Carneros Chardonnay.

Three Vegetable Salad is returning to the prepared salads case. It is composed of summer squash, yellow squash, and broccolini, and tossed with almonds, red wine vinegar, and Parmesan cheese. Great as a complement to grilled meats or poultry. And what about that special dinner for the dad or grad in your life? We have many items already prepared to make your meal special. We can also prepare to order just about anything you would like. Ask us!

Open 8am - 9pm

DAILY!

Espresso & Pastries at 7am



5627 Paradise Drive

Corte Madera 415-945-8855

www.foodsofparadise.com

Have you seen our new Bulk Foods display?

We have added 99 different organic and natural bulk food items by *SunRidge Farms* on Aisle 1. Check them out!

Produce

Stone fruit season is here!

Peaches, Nectarines, Plums, Apricots, and Cherries are closely related. They are commonly referred to as 'stone fruits' because the seed, or 'stone,' is large and hard. They can be eaten fresh, or saved for future enjoyment by canning, preserving, freezing, or drying.

From the elegant **white peach** to the irresistible **Bing cherry**, the diversity and appeal of stone fruit seems limitless. There are hundreds varieties, and growers are currently mixing plums with apricots and peaches with nectarines—all with delicious results. Stone fruit season starts mid-May, and except for apricots (lasting only ten weeks) ends in October.



To help with ripening, cover stone fruits with paper or canvas and combine with bananas, pears, or apples, which exude ethylene gas. It's best to store ripe fruit in a plastic bag and refrigerate for up to five days. When purchasing, look for fragrant, brightly colored fruit that gives in to gentle palm pressure.



Manolo Ake

Paradise BBQ

It's barbecue time! Check out our **Tri Tips, Chickens** and **Pork Baby Back Ribs** rubbed with our special barbeque blend of spices. We also have Corn on the **Cob, Baked Potatoes,** and **Grilled Artichokes.** To complement our menu, try fresh **Garlic Bread** from our bakery.

Meat & Seafood

It's barbeque season, and we have plenty of grill-friendly items for your dining pleasure. Planning an all-American barbeque for Father's Day or graduation? Try *Painted Hills* **natural ground chuck** for perfect burgers. We also have **natural all-beef hot dogs.**



Sandy Refvem

Fresh and smoked sausages are an easy and delicious grilling alternative. Add colorful chunks of peppers and onions, and voila...Italian bistro at its best!

Many kinds of fish and shell fish are suitable for grilling. *Loch Duart* **all natural salmon, wild Alaskan halibut, wild swordfish,** and **wild tuna** are just a few that we offer. **Colossal prawns** are divine grilled!

Be sure to try our house-made **Thai Marinade** on chicken and seafood, and our **Mango Tequila Marinade** on chicken, pork ribs, halibut and other varieties of seafood.